

Dolphins Swim Team

May 29-June 2, 2012

Good Morning Mr. Sunshine!!! Morning practices begin Tuesday, May 29th at 6:30 am. Please have running shoes on and meet at the baseball field adjacent to the pool for a quick run and stretching.

Coaching assignments: As the swim season moves into full gear this week, please be aware that all lane assignments will be reassessed to ensure that all swimmers are in the lanes that best meet their needs and abilities as determined by our very capable coaching staff. This may take a few days to complete, but we ask that all parents please be patient with this process. All questions for the coaches can best be addressed either before or after practice, so that they can give their full attention to their swimmers during practice time.

In addition to having a lane assignment during practices, each swimmer will be assigned to a swim meet coach based purely on their age group which they swim. Here are the swim coaches by age group for swim meets:

8 and unders:	Joel Langsfeld
9 - 10:	Mo Retter
11 - 12:	Candace Langsfeld
13 - 14:	Rachel Buser
15 - 18:	Kalani Kaula & Adam Berling

We have our first swim meet this coming Saturday (June 2nd) at Tanoan Country Club with an arrival time of 6:30 am, warm up at 7:00 am. All swimmers will be expected to swim. If your swimmer cannot, please give his or her coach a written note this week. They will need this information in order to form relays, and last minute relay changes forced by absentees are disruptive to the kids and to the meet.

Team Communication: If you haven't done so already, please remember to sign up to receive team e-mails via our Yahoo group using the following link:

dolphinsswimteam_abq-subscribe@yahoo.com

It's very important to do so as this will be your only way of receiving the latest and greatest team info. **E-mails will NOT be sent out as they had in the past.**

A few reminders for this week:

- **Bella Vista Hike:** Due to a large number of people being out of town or unavailable on Memorial Day, our annual Bella Vista Hike will be postponed. Stay tuned to the newsletters and/or yahoo group to get the new date of the hike once it is determined. This is a long standing team tradition and a great way to get to know coaches and team members. **DON'T MISS OUT!!!**
- **Kirtland Morning** practice starts Tuesday, May 29: 6:30-7:30 am (M-F), **AND** 6:30-7:30 pm (M-F).
- **New Parent Orientation** – Wed., May 30 at 6:45 pm on the pool deck at Kirtland.
- **Timer's clinic:** Wednesday, May 30th during evening practice.
- **Stroke and turn clinic:** Thursday, May 31 during evening practice.
- **First swim meet (vs. Tanoan):** Saturday, June 2nd @ Tanoan Country Club at 10801 Academy Rd NE. From Academy & Eubank, head east on Academy to Country Club Rd., turn right and proceed through guard station. Follow Country Club Rd. straight ahead. It will basically dead end into the parking lot for the pool. For directions click on the following link: <http://mapq.st/mylcmu>. Volunteers are needed for timing our swimmers, as well as a few for stroke & turn. Please see Margaret Lucero (Joey's mom). She would love to hear from you!
- **Registration Forms:** Please make sure your swimmer has a signed registration/liability waiver release form turned in before entering the water.
- **Swim team membership fees:** For those who haven't paid their membership fees yet, please get checks to either Michelle Seaver or our treasurer, Suzanne Buser, as soon as possible. For those interested in our scholarships or payment plans, please contact Richard Thibodeau at rkthibodeau@comcast.net or 331-0473 before the end of the week to make arrangements.
- **Swimsuits:** Please contact Kirsten Thibodeau kthibodeau321@comcast.net or give her a call at 980-7186.
- **Parent Swimmers:** For those parents who would like to swim during practice times, lanes will be available during practices for a small daily fee. It's a great opportunity to get into shape and prepare for NM Games!
- See www.dolphinsswimteam.net for more Dolphins swim team information.



Go Dolphins!