

Dolphins Swim Team

July 9-July 15, 2012

It's amazing how quickly this season had sped by, and the end is quickly approaching! We have two meets remaining before we head into taper week to prepare for districts and finals. This year's district meet will be at the Jewish Community Center (JCC) with Belen and Chamisa Hills. More info will be forthcoming in next week's newsletter.

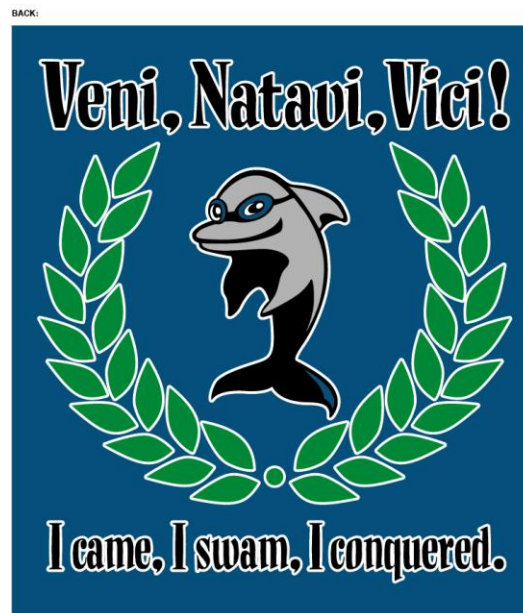
Tuesday, July 10th will be our annual Belly Flop Contest which will not only be a season highlight, but will no doubt be an amazing spectacle of bravery & mental fortitude. The heroics will begin at 6:30 pm with prizes to be awarded! Parents are also encouraged to participate and compete against our coaches! **Remember to wear a tee shirt and jeans over your swim suit.**

A few reminders for this week:

- **Swim Meet at Midtown Sports & Wellness, Thursday, July 12, 2012: Please arrive at 12:00 noon., warm-ups begin at 12:30 p.m. Directions:** 4100 Prospect Avenue Northeast, Albuquerque, NM 87110, From I-40 & Carlisle, head north on Carlisle Blvd, turn right onto Menaul Blvd, take 1st right onto Solano Dr., Solano turns left and becomes Prospect Ave. Midtown will be on the right side of street. <http://mapq.st/OqGhr8>
- **New Mexico Games, Sunday, July 15th at the West Mesa Aquatic Center:** Please arrive at 7:30 am; warm up time is 8:00 am, first event begins at 9 am. **Directions:** 6705 Fortuna Road NW, Albuquerque, NM 87121, From I-40 & Coors, head south on Coors Blvd., turn right on Fortuna Rd, the pool will be located on the right side of the street just west of West Mesa High School. Parking is available in the front and back, but the back is preferred. <http://mapq.st/MdBmHU>
- **Volunteers are needed for Midtown Meet!** We need six timers and two stroke & turn judges to work half-meet time slots. Please see Margaret Lucero.
- **Sundance Finals Volunteers Needed:** The Dolphins will again be assigned to Hospitality at this year's finals. In addition, we are being asked to supply (2) all day timers and (2) Marshals, one being an AM shift and the other a PM shift. If you're interested in any of these positions, please let Margaret Lucero. We might also be able to split the timing duties into half day shifts if enough people step up.

- **Swim Team Tee Shirts:** Shirts will arrive this week for \$15 each! Those who pre-ordered shirts will have first priority. Extras were ordered so hopefully everyone will get what they want.

Here's a sneak peek...



- **Dolphin Swim Bags and Swim Caps** are still available for purchase. The swim bags cost \$15/bag and the latex caps are \$5 each and silicone caps are \$15 each.

Go Dolphins!