

June 2, 2015

# DOLPHINS SWIM TEAM



## Mark Your Calendars:

- Tuesday, June 2 6:30 pm New Parent Orientation
- Thursday, June 4 6:30 pm Parent's Timer Clinic
- **Friday, June 5** **No Evening Practice**
- Saturday, June 6 7:45 am 1st Swim Meet at River Point
- Tuesday, June 9 6:30 pm New Parent Orientation (make-up)
- **Wed, June 10** **No Morning or Evening Practice**  
**Swimmers will be at Socorro Meet**
- **Wed, June 10** **Socorro Swim Meet:**  
**Start Time: To Be Announced**

*If you miss a Newsletter, they are available on our website at [www.dolphinsswimteam.net](http://www.dolphinsswimteam.net).*

## Morning Practices:

Morning practices have started. All swimmers should report to the NW corner of Johnson Field (directly adjacent to the UNM Olympic Pool), with running shoes (no flip-flops) for stretching, running, etc... - **promptly at 6:45 am**. This will insure that we are able to maximize our time in the water. Wear shorts & tee shirt over your swim wear so you can discard your clothes quickly and

## New Parent Orientation:

Volunteers are needed at every meet. We encourage all parents to help out. We will offer a **New Parent Orientation** on **Tuesday evening, June 2nd at 6:30pm**. We will meet at the SE bleachers (near the locker rooms) in the Olympic Pool area – the same area where the pot luck was held. We will hold a second session or make-up session the following Tuesday evening, June 9<sup>th</sup>, for those parents who cannot make the June 2<sup>nd</sup> meeting.

## Private Swim Lessons Available:

If your swimmer has a younger sibling, and you would like that child to learn how to swim— or, if your Dolphin swimmer would like to work on their strokes or other swimming techniques, outside of swim practice, Coach Adam offers private swim lessons. Please visit with Coach Adam at any practice for more information.



Join  
Yahoo  
Groups

## **Parent Clinics:**

One of the more important jobs (at every swim meet) is the position of “Timer”. We need our parents to time every one of our lanes during every event at every meet. We will hold a **Parent’s Timer Clinic on Thursday evening, June 4 at 6:30 pm**. We will meet at the SE bleachers (near the locker rooms) in the Olympic Pool area – the same area where the pot luck was held. The clinic will provide you with the information necessary to volunteer for one of these important positions at the meets. We encourage all parents to attend. We will hold a second session or make-up session the following Thursday evening, June 11<sup>th</sup> for those parents who cannot make the June 9<sup>th</sup> meeting.

**ALL** general communication is done through Yahoo Groups. If you have not already signed up for Yahoo Groups, please do so immediately using the following link:

[https://sports.groups.yahoo.com/group/dolphinsswimteam\\_abq](https://sports.groups.yahoo.com/group/dolphinsswimteam_abq)

Once your yahoo account is set up you can redirect (or forward) all the e-mails to the e-mail account of your choice. Please be sure to check your e-mail prior to all swim meets to ensure that no last minute changes have occurred with times or arrival instruc-

## **NEW DOLPHIN TRADITION: BRING-A-FRIEND-TO-SWIM WEEK! JUNE 1—JUNE 5**

Every swimmer has a friend, a neighbor, a classmate or a cousin that is just sitting around during the summer months with nothing to do. We want to encourage each swimmer to invite their friends to come and swim with us!

Invite your friends to come and practice with us between June 1—June 5. There will be no cost involved. They can swim for free all week long. It will be an opportunity for you friends to see how much fun they can have swimming with the Dolphins this summer!

For every new ‘friend’ that you bring to practice, you (and your friend) will get a treat! At the morning practice, you and your friend will each get a doughnut—after practice, of course. If you bring your new friend to the evening practice, you will each get an ice cream sandwich –again, after practice.

After the week is up, we will invite your new friend (or friends) to join the team. Swim practice and swim meets are always more fun when you can participate with your friends!

### **QUALIFICATIONS & RESTRICTIONS:**

- Although we want to encourage everyone to participate, you need to remember that this is a swim team. This means that your friend (or friends) must be able to swim. They don’t have to be great swimmers. They don’t even have to be very good swimmers. But they must be able to swim.
- Because they are coming to a swim practice, your friend (or friends) must understand that they will be expected to practice right along side of you and the other swimmers. We want everyone to have a good time, but these will be regular practice sessions.
- When you come to practice, introduce your friend to your coach, so the coach knows who they have swimming in their lane. You also need to introduce your friend to Michelle Seaver (at morning practice) and Kim Berling (at evening practice), so they can make sure you get your treats after practice.

## **FIRST SWIM MEET: SATURDAY, JUNE 6 AT RIVER POINT SPORTS & WELLNESS**

Our first swim meet of the season is this Saturday, June 6. Swimmers should arrive no later than 7:45 am. The swim meet will take place at River Point Sports & Wellness, located at 9190 Coors Blvd., NW.

### **Directions to River Point:**

Take 1-25 north to Paseo Del Norte. Go west (left) on Paseo Del Norte to Coors Blvd. You will go south (left) on Coors Blvd. You will pass under the overpass. River Point will be on your left-hand side. You will not be able to turn directly into the parking lot. You will need to go a little further down the road and make a U-turn at Southwest Polytechnic Institute.

**REMEMBER TO BRING: Sunscreen, towels, blankets or chairs to sit on, some sort of sun shade (large umbrella, canopy, etc,... so kids are not in direct sun between events). You should also bring plenty of water and healthy snacks (fruit, granola bars, etc...).**

### **Isotopes Baseball Game:**

The team will be attending the Isotope's ball game on Friday evening, July 3<sup>rd</sup>. Tickets are \$12.00 each. We have already sold all the reserved tickets, but I have the ability to purchase additional tickets, in the same area, for the same price.



You do not need to pay for the tickets right now, but if you want to attend the game (and sit with the team), you need to let me know as soon as possible. This game is anticipated to be a "sold-out" game. So what we really need to know right now is how many people in each family (both kids & adults) would like to attend the game, so if we need to purchase additional tickets, we can do so immediately. Any child under the age of two can attend for free. Age two years and older require a ticket. If you have any questions, or would like to reserve tickets, please contact Kim Berling, at [berling.k@gmail.com](mailto:berling.k@gmail.com) or 505-410-3646.

All tickets need to be paid for by June 16. That will also be the last day that you will be able to reserve a ticket that allows you to sit with the rest of the team.

### **LA LUZ TRAIL MIDNIGHT HIKE: Saturday, June 22nd.**

Another Dolphin Tradition is the midnight hike on La Luz Trail. This tradition has been suspended for years, as the trail was closed over the summer months due to fire concerns. But with all the recent rains, the trail is open again to the public. Anyone who wants to participate in this event should contact Coach Robert Wall at [robwall@gmail.com](mailto:robwall@gmail.com) or call him at 505-252-3431. More details will follow in the next newsletter.



## **Socorro Swim Meet: Wednesday, June 10.**

The swim meet in Socorro is another, longstanding Dolphin Tradition. We travel to Socorro, NM (60 miles south of Albuquerque on I-25) and swim against the Socorro team. Afterwards, we all go out to lunch together. There will be no swim practice (morning or evening) on Wednesday, June 10th, as all the swimmers and coaches should plan to be in Socorro at the meet. This is a very special meet, and we encourage all our swimmers to attend. Because this is a mid-week meet, we understand that they may be transportation issues. If you have a transportation problem, please let Kim Berling, Michelle Seaver or your child's coach know as soon as possible. We do a lot of car pooling for this meet, so arranging a ride for your child (children) should not be a problem. More information on the meet, including directions and a map will follow in the next newsletter.

## **Team Swim Suits:**

Those of you who ordered suits through Streamline Swimming, your suits are in and are available for pick up at their retail location. If you missed this opportunity, and would like to purchase a new team suit, you can call or go by **Streamline Swimming's retail store** to place your order. Their address is **6901 Gruber NE, 87109**, and their phone number is **(505-503-7460)**. The team suit this year is very similar in style and design to the suit we've used the last two years. So, if you purchased a new suit for your swimmer last year, and it is still in good shape, there is no need for you to purchase another new suit this year. The cost of the new team suit is \$65.00 for the girl's suit and \$50.00 for the boy's suit. If you would like to purchase a new suit for your swimmer, but you need financial assistance, please contact Kim Berling. You should also visit with Michele Seaver, as she has some suits available (especially in the smaller sizes) at discounted prices.



## **REGISTRATION & PAYMENT:**

There are still swimmers that have not turned in their registration paperwork or made payment arrangements. Please get both the Dolphin's paperwork and the Sundance registration paperwork back to Kim Berling or Michelle Seaver by Friday, June 5.

We have several new families that have had their children practice with the Dolphins during the month of May, to see if the team was a good fit for them. We invite and encourage all new families to take advantage of this opportunity, but we need to submit all the Sundance Registration forms very soon. So if you would like your children to continue to swim with the Dolphin for the rest of the season please go onto our website at [www.dolphinsswimteam.net](http://www.dolphinsswimteam.net), and print out the registration forms and get them back to us as soon as possible. You can also pick up copies of these forms from Kim Berling at any evening practice. If you have any questions or concerns, please contact Kim Berling at 505-410-3646 or at [berling.k@gmail.com](mailto:berling.k@gmail.com).



### **New Mexico Games:**

New Mexico Games will be on Sunday, June 28. We need to get all registration materials in by the second week of June. The registration information, list of events and entry form are attached to this Newsletter. Every participant needs to fill out a separate entry form. Each participant must also fill out a separate Waiver of Liability form. The Waiver of Liability form is also attached to this Newsletter. You can print additional copies of both the entry form and the waiver form as necessary. You can also pick up additional copies of these forms at any evening practice. Just see Kim Berling or Michelle Seaver. These forms are also available on the homepage of our website ([www.dolphinsswimteam.net](http://www.dolphinsswimteam.net)), where you can download them and print them out.

New Mexico Games is an opportunity for the whole family to participate in a swimming event. There are age and gender groups from 8 & under to 80 & over, so all swimmers, along with their siblings, parents, grandparents, aunts, uncles, cousins, friends and neighbors can participate together. Everyone swims within their own age group. As the age groups advance, there are not as many swimmers. So all you 30's, 40's and 50+ somethings should still jump in and participate. Even if you don't feel you would do very well, you could still win an award, as there may be only a half dozen swimmers in your age group! In addition to having a great time, you would help the Dolphin's score points!

### **UNM PARKING**

UNM has provided the Dolphins with an opportunity to park in the Cornell Parking Structure. The parking fee is included in the Dolphin Swim Team Fee, so there is no additional cost to our team members. Parking codes (and instructions) will be made available to every family that has turned in their completed registration paperwork and paid their swim team fees, or made payment arrangements on those fees. Parking is available from 6am – 8:30am and 6pm – 8pm, Monday – Friday. If you have not received a parking code, or you have any questions or problems with the parking arrangements, please see Kim Berling.