

July 7, 2015

# DOLPHINS SWIM TEAM



## Mark Your Calendars:

<b>Wednesday, July 8</b>	<b>7:00 am</b>	<b>Tanoan Swim Meet</b>
Wednesday, July 8	No AM or PM Practice due to Swim Meet	
<b>Thursday, July 9</b>	<b>5:30 pm</b>	<b>Swim Team Pictures</b>
<b>Saturday, July 11</b>	<b>11: 30 am</b>	<b>Home Meet: UNM Olympic Pool</b>
<b>Tuesday, July 14</b>	<b>6:30 pm</b>	<b>Carb Dinner Pot Luck: Olympic Pool</b>
Tuesday, July 14	No PM Practice due to Carb Dinner Pot Luck	

### Tanoan Swim Meet: Tanoan Country Club

#### Wednesday, July 8, at 7:00 am

Our next swim meet is tomorrow morning against Tanoan Swim Club. All swimmers should be there by 7:00 am. Warm up will start promptly at 7:30 am.

#### Directions: 10801 Academy Road NE

Travel north on Eubank to Academy Road. To east (right) onto Academy. Tanoan Country Club Road will be your first stop light. Turn north (left) into the Tanoan Community. There will be a security gate. Tell the guard you are there for the swim meet. The country club is directly ahead of you.



## SWIM TEAM PICTURES!! Thursday, July 9th at 5:30 pm

**Wear your team suit!** Individual pictures will be taken between 5:30 pm—6:30 pm. The group picture will be taken at 6:30 pm. Order forms are attached to the back of the Newsletter. Payment for the pictures will be collected at the time the photos are taken.

## **UNM HOME MEET & BAKE SALE! Saturday, July 11th, 11:30 AM**

Our last home meet of the season is this Saturday, July 11th. Please arrive by 11:30 am as warm up will start promptly at 12 noon. We will be swimming against Los Lunas and Belen. This will be a Tri-Meet, just like our first home meet. We will all go out to eat after the meet. Please check with your coach to confirm the location before the end of the meet.

We will be holding another bake sale and selling concessions at this meet, in order to help raise money for our scholarship program. We would like to ask every family to provide some kind of individually wrapped baked goods (cookies, brownies, ect...) or packaged goods (single serve potato chips, granola bars, rice crispy treats...) that can be sold at the meet. Please try to refrain from providing things that might easily melt in the heat.

**NOTE: WE HAVE PLENTY OF PICKELS AND DRINKS LEFT OVER FROM THE LAST MEET. SO PLEASE PLAN TO BRING SOMETHING ELSE.**

## **CARB DINNER POT LUCK: TUESDAY, JULY 14, 6:30 PM @ OLYMPIC POOL**

Another great Dolphin tradition is our annual carb dinner. All the swimmers load up on carbs two days before the District Meet. This year, our carb dinner will be a pot luck. It will be held in the Olympic Pool area, just like the pot luck at the beginning of the season. If the weather is nice, we will have tables and chairs set up outside. If the weather is questionable, we will have tables and chairs set up inside the pool area (like we did for Dad's Night Out).

**Every family should bring a pasta dish and/or a pizza.** This is a pot luck, so bring enough to share. Salads, desserts and drinks will be provided, as will all paper products, cups, plates, plastic silverware, etc....

## **Private Swim Lessons Available:**

If your swimmer has a younger sibling, and you would like that child to learn how to swim—or, if your Dolphin swimmer would like to work on their stroke or other swimming techniques, outside of practice, Coach Adam offers private swim lessons. For more information contact Coach Adam at 505-203-3928.